



ALL SAINTS ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America

4129 W. Newport Ave., Chicago, IL 60641

773-231-6177

www.allsaintsorthodox.org

Sunday, March 6, 2022

Saturday Vespers, 7pm • Sunday Orthros & Divine Liturgy, 8:30am

Forgiveness Sunday (Cheese-Fare)



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Hymns of the Day, immediately after the Small Entrance:

Troparion of the Resurrection (Tone 4): Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world great mercy.

Kontakion for Forgiveness Sunday (Tone 6): O Thou who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

Troparion of All Saints (Tone 4): Adorned in the blood of Thy martyrs, throughout all the world as in purple and fine linen, Thy Church through them doth cry unto Thee, O Christ God: Send down Thy compassion upon Thy people; grant peace to Thy habitation and great mercy to our souls.

THE EPISTLE

For Sunday of Forgiveness

O chant unto our God, chant ye. Clap your hands, all ye nations!

The Reading from the Epistle of St. Paul to the Romans (13:11-14:4)

Brethren, now is our salvation nearer than when we believed. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk becomingly, as in the day, not in reveling and drunkenness, not in chambering and licentiousness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh to fulfill its lusts. But as for the one who is weak in faith, receive him, but not for disputes over opinions. For one believes he may eat anything; but the weak person eats herbs. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to be the judge over the servant of a stranger? To his own master he either stands or falls; but he will be made to stand; for God is able to make him stand.

THE GOSPEL

For Sunday of Forgiveness

The Reading from the Holy Gospel according to St. Matthew (6:1-21)

The Lord said to His Disciples: Beware of practicing your piety before men in order to be seen by them; for then you will have no reward from your Father who is in heaven.

THUS, WHEN YOU GIVE ALMS, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by men. Truly, I say to you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be in secret; and your Father who sees in secret will reward you.

AND WHEN YOU PRAY, you must not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, that they may be seen by men. Truly, I say to you, they have received their reward. But when you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And in praying do not heap up empty phrases as the Gentiles do; for they think they will be heard for their many words. Do not be like them, for your Father knows what you need before you ask him.

Pray then like this: *“Our Father who are in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.”*

For if you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

AND WHEN YOU FAST, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.



Announcements and Upcoming Events

For a full calendar of events and services at All Saints, see our website www.allsaintsorthodox.org

For the first week of Lent:

- **Tonight:** Forgiveness Vespers, 7pm. *“For if you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.”* (Matt. 6:14-15)
- **Monday, March 7:** Compline with Canon of Repentance part 1, 7pm.
- **Tuesday, March 8:** Canon of Repentance part 2, 7pm.
- **Wednesday, March 9:** Presanctified Liturgy, 7pm.
- **Thursday, March 10:** Canon of Repentance part 3, 7pm.
- **Friday, March 11:** Canon of Repentance part 4, 7pm.

Next weekend:

- **Saturday, March 12:** Vespers, 7pm.
- **Sunday, March 13: Triumph of Orthodoxy.** Matins & Divine Liturgy, 8:30am. (See note below regarding evening service at St. George.)

Today is **FORGIVENESS SUNDAY**, or *cheese-fare*, the last day for dairy and eggs, for those able to keep the full fast. Alcohol and olive oils are traditionally permitted on the weekends during Lent. Don't worry about restricting fish, don't read food labels, and of course don't pay any attention to what others are eating or not eating! Talk to Fr. Andrew if you have any questions about fasting.

Remember, the point of fasting is to *simplify* our lives so we have more time to pray, repent, and attend church services (Matthew 6), and so that we have more food and resources to give to the hungry (Isaiah 58).

LENTEN PSALTER GROUP: Each year during Advent and Lent, we have a small group of people from the church committed to praying a section of the Psalms every day. If you would like to join, please see JoAnne T.

LENTEN COIN BOXES

Please take a **“Food for Hungry People” coin box** from the greeters’ table! These are supplied each Lent by the Fellowship of St. John the Divine, in accordance with our archdiocese, to feed the hungry around the world. **Please use these boxes all during Lent and turn them in at Pascha to be blessed.** Please replace the coins with a check marked “For the Poor” in the memo line, or submit paper money. If you have any questions, contact Pat K.

“Sell your possessions, and give to the needy. Provide yourselves with moneybags that do not grow old, with a treasure in the heavens that does not fail, where no thief approaches and no moth destroys. For where your treasure is, there will your heart be also.” – Luke 12:33-34

TRIUMPH OF ORTHODOXY VESPERS

Our Chicago pan-jurisdictional **Triumph of Orthodoxy Vespers** will be held at St. George Church in Cicero, Sunday evening, March 13, at 6:30pm. Guest preacher will be His Grace Bishop Maxim of the Serbian Orthodox Church.

“MAN OF GOD” MOVIE

We don’t normally recommend movies during Lent, but a new Orthodox film on the life of St. Nektarios of Aegina will have several Chicago-area showings March 21 and 28. Go to <https://www.fathomevents.com/events/Man-of-God> for details and to order tickets.

Exiled unjustly, convicted without a trial, slandered without cause. The life of St. Nektarios of Aegina was one of persecution and prosecution. A priest of the common people, his popularity provoked the jealousy of the clergy in Alexandria and as a result, he was defrocked and expelled from Egypt. In contrast to his religious “superiors,” Nektarios cared for the poor, taught peasant girls to read and write, and performed miracles. Even his last moment on earth was used to help another: upon his death, Nektarios’ undergarment was removed, and as it fell upon a paralyzed man in the hospital bed next to him, the lame man arose to walk. So, too, do we hope MAN OF GOD will awaken the paralyzed faith in audiences around the world.



:: METROPOLITAN JOSEPH'S LENTEN LETTER ::

“Food for Hungry People”

Beloved Clergy and Faithful of our Archdiocese,

Blessings to you and your families in the name of our great God and Savior, Jesus Christ!

As we enter Great Lent—this consecrated season of repentance—the Church summons us to focus even more intently on drawing near to God. She shows us proven paths of approach to Him: not just fasting and prayer but also sharing our material blessings with others. From the saints we learn that charitable giving is not just about helping our neighbor, but even more importantly, it is a means of approach to God. St. Paul encourages us, *“Do not forget to do good and to share, for God is well pleased with such sacrifices”* (Heb. 13:16), and he thus teaches us that charity is a form of holy sacrifice—an act of worship that shows our love for God and invites Him into our lives.

In the same vein, St. John Chrysostom describes philanthropy as a holy and priestly ministry, urging us to *“put on the vestment of philanthropy, which is holier than the priestly clothing.”* He goes on to exhort us: *“When you see a poor believer, think that you behold an altar; when you see a miserable beggar, do not just refrain from insulting him but even reverence him”* (Homily 20 on Second Corinthians). His words remind us that people in need do us a service, by providing us a way to show God love and honor. For, as our Lord said, *“As you did it to one of the least of these my brethren, you did it to me”* (Matt. 25:40).

With this in mind, over the past 48 years our Archdiocese has encouraged you to give alms during Lent through Food for Hungry People and Charitable Outreach. Once again, we appeal to your generosity and your love of God, asking you to offer God a gift by putting food and other necessities into the hands of the poor. May your gift from the heart be received by God as a pleasing and holy sacrifice, and may He give you in return the joy of His presence.

With prayers that we all be granted strength for the holy struggle ahead and that we be found worthy to celebrate joyously the victory of our Crucified and Risen Lord, I remain,

Your Father in Christ,

+ JOSEPH

Archbishop of New York and Metropolitan of all North America

Volunteer Schedule

Date	Reader	Prospora	Greeter	Coffee	Food
Sun, March 6 <i>Forgiveness</i>	Jason L	Domitille	Sandy A	Domitille	L-P
Wed, Mar 9 <i>Presanctified</i>		Cristina P	Nancy L	n/a	Potluck
Sun, Mar 13 <i>Orthodoxy</i>	Joseph L	Dn Walid	Dave B	Alina S	R-Z
Wed, Mar 16 <i>Presanctified</i>		Cristina P	Azizeh C	n/a	Potluck
Sun, Mar 20 <i>St Gregory</i>	Richard C	Sandy A	Domitille	Zach C	A-F
Thurs, Mar 24 <i>Annunciation</i>	Doug J	Debbie K	Sandy A	n/a	Potluck
Sun, Mar 27 <i>Holy Cross</i>	Michelle C	Pat K	Azizeh C	Lydia A	G-K

For Sunday coffee hour, the church has been divided into four parts alphabetically (A-F, G-K, L-P, and R-Z). On your assigned week, please bring something simple to share with everyone for coffee hour.

If you have children, please monitor them as they go through the coffee hour line, and help them clean up after themselves.

Weekly clean-up will be the responsibility of those providing coffee hour. And of course, things go faster when we can all pitch in and help.



DAILY BIBLE READINGS

MARCH 6-12, 2022

ADAPTED FROM THE
LECTIONARY OF THE ANTIOCHIAN ARCHDIOCESE

For the most part, our readings for Lent come from five books of the Bible: Genesis, Isaiah, and Proverbs from the Old Testament (one book from each section of the Hebrew canon), and Hebrews and Mark from the New. If you have fallen out of the habit of daily Scripture reading, there is no time better than Lent to start!

Sunday, March 6: Forgiveness Sunday (Cheese-Fare)

Romans 13:11-14:4 / Matthew 6:14-21

Monday, March 7:

Hebrews 1:1-14 / Mark 1:12-28

Isaiah 1:1-20 / Genesis 1:1-13 / Proverbs 1:1-20

Tuesday, March 8:

Hebrews 2:1-9 / Mark 1:29-39

Isaiah 1:19-2:3 / Genesis 1:14-23 / Proverbs 1:20-33

Wednesday, March 9:

Hebrews 2:10-18 / Mark 1:40-45

Isaiah 2:3-11 / Genesis 1:24-2:3 / Proverbs 2:1-22

Thursday, March 10:

Hebrews 3:1-11 / Mark 2:18-22

Isaiah 2:11-22 / Genesis 2:4-19 / Proverbs 3:1-18

Friday, March 11:

Hebrews 3:12-19 / Mark 2:23-28

Isaiah 3:1-15 / Genesis 2:20-3:20 / Proverbs 3:19-34

Saturday, March 12: St. Theodore the Recruit

2 Timothy 2:1-10 / John 15:17-16:2

ALL SAINTS IS A PARISH OF THE ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
THE MOST REVEREND METROPOLITAN JOSEPH
THE RIGHT REVEREND BISHOP ANTHONY, DIOCESE OF TOLEDO AND THE MIDWEST
WWW.ANTIOCHIAN.ORG