



ALL SAINTS ANTIOCHIAN ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America

4129 W. Newport Ave., Chicago, IL 60641

773-231-6177

www.allsaintsorthodox.org

Sunday, March 12, 2023

Saturday Vespers, 7pm • Sunday Orthros & Divine Liturgy, 8:30am

St. Gregory Palamas • 2nd Sunday of Great Lent



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Troparion of the Resurrection (Tone 6): When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb. And the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou who art risen from the dead: O Lord, glory to Thee!

Troparion for St. Gregory Palamas (Tone 8): O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace: Implore thou constantly for the salvation of our souls.

Kontakion to the Theotokos for the Sundays of Lent (Tone 8): O Champion Leader, to thee I offer thanks of victory! O Theotokos, thou hast delivered me from terror. As thou hast invincible power, O Theotokos, thou truly can set me free from all danger. Set me free and deliver me, that I may cry unto thee: Hail, O bride without bridegroom!

Troparion of All Saints (Tone 4): Adorned in the blood of Thy martyrs, throughout all the world as in purple and fine linen, Thy Church through them doth cry unto Thee, O Christ God: Send down Thy compassion upon Thy people; grant peace to Thy habitation and great mercy to our souls.

THE EPISTLE

For the Second Sunday of Great Lent

Thou, O Lord, shalt keep us and shalt preserve us.
Save me, O Lord, for the godly man is no more!

The Reading from the Epistle of St. Paul to the Hebrews (1:10-2:3)

Thou, O Lord, in the beginning didst lay the foundation of the earth, and the heavens are the works of Thy hands. They will perish; but Thou remainest; and they will all grow old like a garment, and like a mantle Thou wilt roll them up, and they shall be changed; but Thou art the same, and Thy years will not fail.

But to which of the angels did He say at any time, ‘Sit on My right hand, until I make thine enemies a footstool for thy feet?’ Are they not all spirits for liturgical ministry, sent forth

to minister for the sake of those who are to inherit salvation? Therefore, we ought to give the more earnest heed to the things that were heard, lest at any time we drift away from them. For if the word spoken through angels was confirmed, and every transgression and disobedience received a just retribution, how shall we escape, if we neglect so great a salvation, which having at first been spoken through the Lord, was confirmed to us by those who heard?

THE GOSPEL

For the Second Sunday of Great Lent

The Reading from the Holy Gospel according to St. Mark (2:1-12)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven.” Now, some of the scribes were sitting there, reasoning in their hearts, “Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, “Why do you reason thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk?’ But that you may know that the Son of Man has authority on earth to forgive sins” – He said to the paralytic – “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, “We never saw anything like this!”



ON THE HEALING OF THE PARALYTIC (MARK 2)

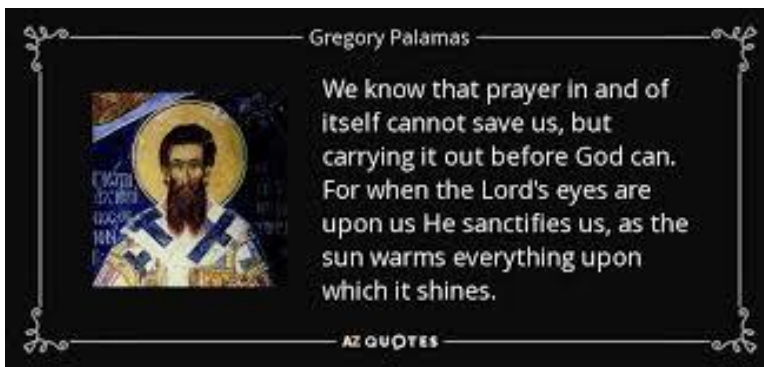
Blessed Theophylact of Ochrid

The Lord does the same with our spiritual sicknesses. He not only delivers us from our sins, but fills us with strength to do His commandments. Therefore, I too, who am a paralytic can be healed. For Christ at this very moment is in Capernaum, which interpreted, is ‘the house of comfort and consolation,’ which is the Church. For the house of the Comforter is the Church.

I, too, am a paralytic, for the powers of my soul are inert and will not move to do good. But if I am carried by the four Evangelists and brought to the Lord, then I will hear Him call me “child” – for by doing His commandments I become a son of God – and my sins will be forgiven me.

But how can I be brought to Jesus? If they make an opening in the roof. And what is the roof? It is my mind, which over-arches all that is within me. It is a roof made of many earthen and clay tiles, signifying earthly affairs. But if all these things are pulled away, and the strength of the mind within us is opened up and freed of the weight of earthly things, then I will be lowered, that is, I will be humbled. For I ought not to rise up in pridefulness that I have been unburdened of earthly things; but instead, after I have been unburdened of earthly things, I ought to be lowered, that is, humbled. Then I will be healed and I will take up my bed, which is my body, and employ it to do the commandments.

For I should not only be raised up from sin and understand that I sin; I should also take up my bed, that is, get my body up and set it to do good. Then we shall also be able to see with spiritual eyes, so that all our thoughts within us can say, ‘We never saw it on this fashion,’ which means, ‘We never understood until now that we were paralytics and have now been healed.’ Only he who has been cleansed of sins sees things as they truly are.



Announcements and Upcoming Events

For a full calendar of events and services at All Saints, see our website www.allsaintsorthodox.org

Today:

- Coffee hour & church school after Liturgy
- Adult church school: Joseph Letendre on the Divine Liturgy

This week at All Saints:

- **Tues./Wed./Thurs./Fri.:** Morning prayers from the *Lenten Triodion*, 9:00am
- **Wednesday, March 15:** Homeschool classes, 11am-4pm
Fr. Pat on praying the Psalms, 6pm
Liturgy of the Presanctified Gifts, 7pm. *A potluck meal will follow.*
- **Friday, March 17:** Compline with Madeyah service at St. George Church, 1220 S. 60th Court, Cicero, 7pm
- **Saturday, March 18:** Akathist to the Theotokos at 9am, followed by our Women's Lenten Retreat (see separate handout)
Vespers, 7pm
- **Sunday, March 19: Veneration of the Holy Cross.** Orthros, Cross Procession, & Divine Liturgy beginning 8:30am, followed by coffee hour and Sunday school

Other upcoming services & events:

- **Friday, March 24:** Feast of the Annunciation at St. George, 1220 S. 60th Court in Cicero. Vespers Liturgy begins 7pm.
- **Wednesday, April 5:** Fr. Fouad and our friends from St. George will join us at All Saints for the final Presanctified Liturgy of the season.

WOMEN'S LENTEN BOOK DISCUSSION: Mark your calendars for a Women's Lenten Book Discussion led by Susan L. We will be meeting on March 4, March 25, and April 1 at 5 PM to discuss the book *Mary as the Early Christians Knew Her*. We'll enjoy a potluck meal and discussion before Vespers. Books will be available at the book table. Please contact Sh. Kim with any questions.

LENTEN COIN BOXES: Once again please remember to fill the **coin boxes** that are on the Greeters' table that are supplied by the Fellowship of St. John the Divine, in

accordance with our archdiocese, to feed the hungry around the world. **Please use these boxes all during Lent and turn them in at Pascha to be blessed.** Please replace the coins with a check marked “For the Poor” in the memo line, or submit paper money. If you have any questions, contact Pat K.

"When giving, give magnanimously with a look of kindness on your face, and give more than what is asked of you." (St. Isaac the Syrian)

FR. PAT SPEAKS ON THE PSALTER: On Wednesdays March 15, 22, and 29, Fr. Pat will give a series of teachings on praying the Psalms at 6pm. Each talk will take place in the church and will last about 45 minutes. (Presanctified Liturgy will follow at 7pm.)

SUMMER BIBLE DAY CAMP will be at St. George in Cicero, June 12-15. This is a good alternative to children ages 6 and up who may be too young for summer camp in Iowa. More information will be forthcoming.

ALL SAINTS 30TH ANNIVERSARY CELEBRATION is slated for the weekend of June 24-25. Mark your calendars!

BIBLE BOWL: Our diocesan Bible quiz competition will take place **Thursday, June 29** at the Parish Life Conference in Oak Brook. We would like to compete in all three age categories: 10-12, 13-19, and adult. Please talk to Jeanetta or Fr. Andrew if you are interested! The questions this year will all come from the book of Genesis.

CAMP ST. GEORGE: Registration is open for campers and counselors! Camp will take place July 2-8 in Strawberry Point, Iowa. We have a limited amount of scholarship money available, and of course we will make sure money is not an issue for anyone who would like to attend. Please let Fr. Andrew if you plan to send your children or teens this year, or if you have any questions or concerns.

Volunteer Schedule

Date	Reader	Prospora	Greeter	Coffee	Food
Sun March 12	Michelle C	Debbie K	Sandy A	Domitille	L-P
<u>Wed March 15</u> <i>Presanctified</i>		Pat K	Azizeh C	n/a	Potluck
Sun March 19 <i>Holy Cross</i>	Sbdn Joseph	Domitille	Nancy L	Alina S	R-Z
<u>Wed March 22</u> <i>Presanctified</i>		Pat K	Domitille	n/a	Potluck
Sun March 26	Doug J	Cristina P	Sandy A	Zach C	A-F
<u>Wed March 29</u> <i>Presanctified</i>		Dn Walid	Azizeh C	n/a	Potluck

For Sunday coffee hour, the church has been divided into four parts alphabetically (A-F, G-K, L-P, and R-Z). On your assigned week, please bring something simple to share with everyone for coffee hour.

*If you have children, please monitor them as they go through the coffee hour line, and help them clean up after themselves. **Weekly clean-up will be the responsibility of those providing coffee hour.** And of course, things go faster when we all pitch in and help!*





DAILY BIBLE READINGS

MARCH 12-18, 2023

ADAPTED FROM THE
LECTIONARY OF THE ANTIOCHIAN ARCHDIOCESE

For the most part, our readings for Lent come from five books of the Bible: Genesis, Isaiah, & Proverbs from the Old Testament (one book from each section of the Hebrew canon); Hebrews & Mark from the New. If you have fallen out of the habit of daily Scripture reading, there is no time better than Lent to start!

Sunday, March 12: St. Gregory Palamas,

Luke 24:36-53 / Hebrews 1:10-2:3 / Mark 2:1-12

Monday, March 13: Nicephorus, Patriarch of Constantinople

Hebrews 7:1-10 / Mark 4:35-41

Isaiah 8:13-9:7 / Genesis 6:9-22 / Proverbs 8:1-21

Tuesday, March 14: Benedict the Righteous of Nursia

Hebrews 7:11-22 / Mark 5:1-20

Isaiah 9:9-10:4 / Genesis 7:1-15 / Proverbs 8:32-9:11

Wednesday, March 15: Holy Apostle Aristobulos of the 70, Bishop of Britain

Hebrews 7:23-28 / Mark 5:21-43

Isaiah 10:12-20 / Genesis 7:6-9 / Proverbs 9:12-18

Thursday, March 16: Sabine the Martyr of Egypt

Hebrews 8:1-6 / Mark 6:1-13

Isaiah 11:10-12:2 / Genesis 7:11-8:3 / Proverbs 10:1-22

Friday, March 17: St. Patrick, Enlightener of Ireland

Hebrews 8:7-13 / Mark 6:14-29

Isaiah 13:1-13 / Genesis 8:4-21 / Proverbs 10:31-11:12

Saturday, March 18: Edward the Martyr, King of England

Hebrews 10:32-38 / Mark 2:13-17

ALL SAINTS IS A PARISH OF THE ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
HIS BEATITUDE PATRIARCH JOHN X OF ANTIOCH
HIS GRACE BISHOP ANTHONY, DIOCESE OF TOLEDO AND THE MIDWEST
WWW.ANTIOCHIAN.ORG