



ALL SAINTS ANTIOCHIAN ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America

4129 W. Newport Ave., Chicago, IL 60641

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www.allsaintsorthodox.org

Sunday, April 2, 2023

Saturday Vespers, 7pm • Sunday Orthros & Divine Liturgy, 8:30am

St. Mary of Egypt • 5th Sunday of Great Lent



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Troparion of the Resurrection (Tone 1): While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

Troparion for St. Mary of Egypt (Tone 8): Through thee, the divine likeness was securely preserved, O mother Mary; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

Kontakion to the Theotokos for the Sundays of Lent (Tone 8): O Champion Leader, to thee I offer thanks of victory! O Theotokos, thou hast delivered me from terror. As thou hast invincible power, O Theotokos, thou truly can set me free from all danger. Set me free and deliver me, that I may cry unto thee: Hail, O bride without bridegroom!

Troparion of All Saints (Tone 4): Adorned in the blood of Thy martyrs, throughout all the world as in purple and fine linen, Thy Church through them doth cry unto Thee, O Christ God: Send down Thy compassion upon Thy people; grant peace to Thy habitation and great mercy to our souls.

THE EPISTLE

For the Fifth Sunday of Great Lent

Make your vows and pay them to the Lord our God. God is known in Judah; His name is great in Israel.

The Reading from the Epistle of St. Paul to the Hebrews (9:11-14)

Brethren, Christ having appeared a High Priest of the good things to come, through the greater and more perfect tabernacle, not made with hands, that is to say, not of this creation; neither through the blood of goats and calves, but through His own blood, entered in once for all into the holy place, having found eternal redemption. For if the sprinkling of defiled persons with the blood of bulls and goats and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ,

who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God?

THE GOSPEL

For the Fifth Sunday of Great Lent

The Reading from the Holy Gospel according to St. Mark. (10:32-45)

At that time, Jesus took His twelve disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise."

And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we would that thou shouldst do for us whatsoever we shall desire" And Jesus said to them, "What do you want me to do for you?" And they said to Him, "Grant us to sit, one at Thy right hand and one at Thy left, in Thy glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared."

And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

:: AN EXCEPTIONAL EXAMPLE OF TRUE FREEDOM ::

His Eminence Metropolitan Saba

Our holy Church annually celebrates the memory of this great saint on the fifth Sunday of Great Lent. Through that celebration, the Church invites us to rearrange our priorities so that we may live a pious and holy life. In an age that grinds us through the constant chasing after new "needs" that are created daily, how many "Marys of Egypt" do we need to help us reach the desired freedom and to shed the economic fetters that relentlessly shackle us? ...

According to the Eastern Christian understanding, to live in *asceticism* means to practice certain exercises, which include abstaining from bad habits and practices and replacing them with more positive and useful ones. The positive habits will uproot the negative ones and train you to embrace them with joy.

Fasting, for instance, is an ascetic act. When you fast, you abstain from permissible food and replace it with other kinds of food, to train yourself to overcome gluttony rather than being enslaved to it. Limiting the time of watching TV or using social media is also an ascetic act. Today's human beings are surrounded by technologies, demands and possessions that invade the market and equally invade our minds, hearts and emotions. Today's human being lives to work and to increase his income while his expenses increase. He therefore pursues another job or an extra job; ultimately, he wastes his life in a vicious cycle, until he is drained and destroyed. Doesn't basic wisdom demand that one pause and ask oneself: What are my priorities? What are the things that I can let go of and live without?

However, from where would the one who is mentally drained and filled with different worries summon the courage and boldness necessary to stand firm against the current when it is in his best interest?

In a world that is sweepingly materialistic, the Church through her institutions and faithful people should be a living witness of simplicity and freedom from unnecessary demands of life. The Church must be the pioneer in emphasizing the possibility of a fulfilling life through the presence of God in her midst. To be filled with the divine presence means that one is liberated of the psychological and physical challenges that come from the world around us. Even if one has ongoing but positive challenges, they will entice you to pursue *the better life*, that is, to lay your life down in the arms of its Creator rather than blindly pursue the lifestyles pushed by others.

Those who seek true freedom must acquire a great yearning for God, and they must have the necessary self-confidence to overcome any sense of inferiority, while paying no attention to how others see them.

Mary of Egypt had such a great sense of repentance that she forgot the world and all that is in it; thus, she became a woman worthy of divine love. We are in the world, and the Lord does not ask us to leave it; rather, He asks us to have dominion over the world. Is it burdensome to acquire the sense of belonging to the heavenly kingdom (which starts here and now, according to Christian teaching) so that we don't forget our invitation to that which is higher, more sublime and more beautiful than the mirage which many waste their lives vainly trying to grasp?



Announcements and Upcoming Events

For a full calendar of events and services at All Saints, see our website www.allsaintsorthodox.org

Today:

- Coffee hour & church school after Liturgy
- Church school play practice – lead roles only; grades 4 and up
- Adult church school: Fr. Pat on Biblical Economics

This week at All Saints:

- **Tues./Wed./Thurs./Fri.:** Morning prayers from the *Lenten Triodion*, 9:00am
- **Tuesday, April 4:** Pan-Orthodox Akathist service at Ascension Greek Orthodox Church in Lincolnshire, 7pm.
- **Wednesday, April 5:** Homeschool classes, 11am-4pm
Fr. Pat on praying the Psalms, 6pm
Liturgy of the Presanctified Gifts, 7pm. *A potluck meal will follow.*
- **Friday, April 7:** Compline with St. Lazarus Canon, 7pm
- **ST. LAZARUS SATURDAY, April 8:** Divine Liturgy, 10am; Vespers, 7pm
- **PALM SUNDAY, April 9:** Matins, Procession of Palms, and Divine Liturgy, beginning at 8:30am; First Bridegroom Matins, 7pm

Holy Week and Pascha at All Saints:

- **Holy Week is April 8-16!** Please see separate Holy Week schedule handout. All Orthodox Christians should do their best to attend as many of these services as possible.

THIS WEDNESDAY'S PRESANCTIFIED LITURGY: Fr. Fouad, Archdeacon Saed, and guests from St. George Church will join us for the service and potluck meal afterwards.

LENTEN COIN BOXES: Once again please remember to fill the **coin boxes** that are on the Greeters' table that are supplied by the Fellowship of St. John the Divine, in accordance with our archdiocese, to feed the hungry around the world. **Please use these boxes all during Lent and turn them in at Pascha to be blessed.** Please replace the coins with a check marked "For the Poor" in the memo line, or submit paper money. If you have any questions, contact Pat K.

*"Whoever oppresses a poor man insults his Maker,
but he who is generous to the needy honors him." (Proverbs 14:31)*

CHURCH SCHOOL PLAY PRACTICE. On Sunday, May 7, following coffee hour, our Church School students under the direction of Elizabeth Kushiner and Maggie Kishler will perform "Road to Emmaus," a play based on the pre-Lenten and Lenten Sunday Gospel readings. Practice schedule is as follows:

- **Today:** Play practice during church school for lead roles only, grades 4 and up
- **Saturday, April 22:** Practice for all classes except Acclimation, 4pm
- **Sunday, April 23:** Practice during church school for all classes involved except Acclimation
- **Sunday, April 30:** Practice during church school (all classes)
- **Saturday, May 6:** Dress rehearsal and lunch, 10am
- **Sunday, May 7:** Performance!

SUMMER BIBLE DAY CAMP will be at St. George in Cicero, June 12-15. This is a good alternative to children ages 6 and up who may be too young for summer camp in Iowa. More information will be forthcoming.

ALL SAINTS 30TH ANNIVERSARY CELEBRATION is slated for the weekend of June 24-25. Mark your calendars!

BIBLE BOWL: Our diocesan Bible quiz competition will take place **Thursday, June 29** at the Parish Life Conference in Oak Brook. We would like to compete in all three age categories: 10-12, 13-19, and adult. Please talk to Jeanetta or Fr. Andrew if you are interested! The questions this year will all come from the book of Genesis.

Volunteer Schedule

Date	Reader	Prospora	Greeter	Coffee	Food
Sun. April 2	Jim K	Sandy A	JoAnne T	Lydia A	G-K
Wed. April 5 <i>Presanctified</i>		Dn Walid	Nancy L	<i>Volunteer</i>	<i>Potluck</i>
Sat. April 8 <i>St. Lazarus</i>	Paul K	Debbie K	Domitille	<i>Volunteer</i>	n/a
Sun. April 9 <i>Palm Sunday</i>	Jason L	Pat K	JoAnne T	Domitille	L-P
Thurs. Apr 13 <i>Holy Thurs.</i>	Joseph L	Domitille	Sandy A	<i>Volunteer</i>	n/a
Sat. April 15 <i>Holy Sat.</i>	Richard C	Cristina P	Azizeh C	Alina S	<i>Potluck</i>
Sun April 16 <i>Pascha</i>	Sd Joseph	Dn Walid	Nancy L	<i>Volunteer</i>	<i>baskets</i>

For Sunday coffee hour, the church has been divided into four parts alphabetically (A-F, G-K, L-P, and R-Z). On your assigned week, please bring something simple to share with everyone for coffee hour.

If you have children, please monitor them as they go through the coffee hour line, and help them clean up after themselves. **Weekly clean-up will be the responsibility of those providing coffee hour.** And of course, things go faster when we all pitch in and help!



DAILY BIBLE READINGS

APRIL 2-8, 2023

ADAPTED FROM THE
LECTIONARY OF THE ANTIOCHIAN ARCHDIOCESE

For the most part, our readings for Lent come from five books of the Bible: Genesis, Isaiah, & Proverbs from the Old Testament (one book from each section of the Hebrew canon); Hebrews & Mark from the New. If you have fallen out of the habit of daily Scripture reading, there is no time better than Lent to start!

Sunday, April 2: St. Mary of Egypt

John 20:19-31 / Hebrews 9:11-14 / Mark 10:32-45

Monday, April 3: Joseph the Hymnographer

Hebrews 11:23-31 / Mark 9:30-41

Isaiah 48:17-49:4 / Genesis 27:1-41 / Proverbs 19:16-25

Tuesday, April 4: George the Righteous of Maleon

Hebrews 11:32-12:2 / Mark 9:42-50

Isaiah 49:6-10 / Genesis 31:3-16 / Proverbs 21:3-21

**Wednesday, April 5: Monk-Martyrs Claudius, Diodore, Victor, Victorinus,
Pappias, Nicephorus, and Serapion**

Hebrews 12:3-17 / Mark 10:1-16

Isaiah 58:1-11 / Genesis 43:26-31, 45:1-16 / Proverbs 21:23-22:4

Thursday, April 6: Gregory of Sinai

Hebrews 12:18-29 / Mark 10:17-31

Isaiah 65:8-16 / Genesis 46:1-7 / Proverbs 23:15-24:5

Friday, April 7: Tikhon, Patriarch of Moscow and Enlightener of North America

Hebrews 13:1-25 / Mark 10:46-52

Isaiah 66:10-24 / Genesis 49:33-50:26 / Proverbs 31:8-31

Saturday, April 8: The Raising of St. Lazarus

Hebrews 12:28-13:8 / John 11:1-45

ALL SAINTS IS A PARISH OF THE ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
HIS BEATITUDE PATRIARCH JOHN X OF ANTIOCH
HIS GRACE BISHOP ANTHONY, DIOCESE OF TOLEDO AND THE MIDWEST
WWW.ANTIOCHIAN.ORG