

# ALL SAINTS ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Archdiocese of North America*  
4129 W. Newport Ave., Chicago, IL 60641  
773-231-6177 • [www.allsaintsorthodox.org](http://www.allsaintsorthodox.org)

**Sunday, March 16, 2025**

St. Gregory Palamas • Second Sunday of Lent

**Saturday Vespers, 7pm • Sunday Orthros & Divine Liturgy, 8:30am**



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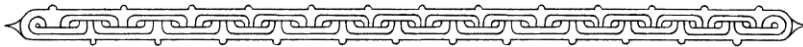


**Apolytikion of the Resurrection (Tone 5):** Let us believers praise and worship the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation. For He took pleasure in ascending the cross in the flesh to suffer death, and to raise the dead by His glorious resurrection.

**Apolytikion for St. Gregory Palamas (Tone 8):** O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology: Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

**Kontakion to the Theotokos for the Sundays of Lent (Tone 8):** O Champion Leader, to thee I offer thanks of victory! O Theotokos, thou hast delivered me from terror. As thou hast invincible power, O Theotokos, thou truly can set me free from all danger. Set me free and deliver me, that I may cry unto thee: Hail, O bride without bridegroom!

**Apolytikion of All Saints (Tone 4):** Adorned in the blood of Thy martyrs, throughout all the world as in purple and fine linen, Thy Church through them doth cry unto Thee, O Christ God: Send down Thy compassion upon Thy people! Grant peace to Thy habitation and great mercy to our souls.



## **THE EPISTLE**

*For the Second Sunday of Lent*

*Prokeimenon – Psalm 11:7, 1*

Do Thou, O Lord, protect us; guard us ever from this generation.

Save, O Lord; for there is no longer any that is godly.

**The reading is from the Epistle to the Hebrews (1:10-2:4)**

Thou, O Lord, in the beginning didst lay the foundation of the earth, and the heavens are the work of Thy hands. They will perish, but Thou remainest. They will all grow old like a garment, and like a cloak Thou wilt fold them up, and they will be changed. But Thou art the same, and Thy years will not fail.

But to which of the angels has He ever said: “Sit at My right hand, till I make thine enemies thy footstool”? Are they not all ministering spirits sent forth to minister for those who will inherit salvation?

Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just retribution, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him, God also bearing witness both with signs and wonders, with various miracles, and gifts of the Holy Spirit, according to His own will?

*Alleluia – Psalm 88:1, 2*

I will sing of Thy steadfast love, O Lord, forever.  
For Thy steadfast love was established forever.

## **THE GOSPEL**

*For the Second Sunday of Great Lent*

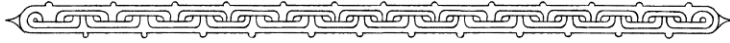
### **The Reading from the Holy Gospel according to St. Mark. (2:1-12)**

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. When they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. When Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven.”

Now, some of the scribes were sitting there, reasoning in their hearts, “Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?”

And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, “Why do you reason thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk’? But that you may know that the Son of Man has authority on earth to forgive sins” – He said to the paralytic – “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, “We never saw anything like this!”

**Hymn to the Theotokos for the Liturgy of St. Basil (Tone 6):** All of creation rejoices in thee, O Full of Grace: the assembly of angels and the race of man! O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a child, our God before the ages. He made thy body into a throne and thy womb he made more spacious than the heavens. All of creation rejoices in thee, O Full of Grace; Glory to Thee!



## ST. GREGORY PALAMAS

By Fr. Nicholas Belcher

On the second Sunday of Lent, the Holy Orthodox celebrates the memory of Saint Gregory Palamas, the Archbishop of Thessalonica, who struggled valiantly to uphold the patristic teaching that God's energies are uncreated against those who held that God's grace is a created intermediary. While the distinction between uncreated energies and created grace may sound like an arcane debate between religious scholars, this dispute greatly disturbed the life of the Church and required a series of six councils in Constantinople over the course ten years to finally proclaim the Orthodox teaching. In our age of theological relativism, this type of vociferous debate over wording seems nothing short of a waste of time causing unneeded division, but upon reflecting on these issues, we see the importance of St. Gregory's principled stand and ultimate triumph. ...

St. Gregory began to write works that expressed the teaching of the Fathers that God is unknowable in His *essence*, yet we know Him in His *energies*. The question at the heart of the matter was this: When human beings experience God – Moses in the cloud on Mount Sinai or the apostles beholding the vision of Light on Mount Tabor, for example – is that experience God or is God creating something for them to experience that is like Him? For Barlaam [the heretic], human beings cannot directly experience the unknowable God; therefore, the cloud on Mount Sinai and the light of Mount Tabor were created intermediaries between God and Moses, God and the apostles. Drawing on his own personal spiritual life and the witness of countless holy Fathers, St. Gregory could not agree to this. Those experiences of God, while not experiences of God's essence, were experiences of His energies – which must be understood as uncreated. St. Gregory summed up the issue with Barlaam's vision thus: *“If the God preached by Barlaam is not communicable through His uncreated energies, but is a God distant and incommunicable, somewhere above the sky, people will reject Him and will need another God.”*

In other words, man longs for communion with his Creator.

# Announcements and Upcoming Events

*For a full calendar of events and services at All Saints, see our website [www.allsaintsorthodox.org](http://www.allsaintsorthodox.org)*

## **Today: St. Gregory Palamas – Second Sunday of Lent**

- Orthros & Divine Liturgy, beginning 8:30am.
- Coffee hour provided by last names G-K, followed by church school.

## **Tuesday, March 18:**

- Lenten morning prayers, 9am
- Men's Fellowship (online), 7:30pm. *Contact Subdeacon Joseph for the link if interested in joining.*

## **Wednesday, March 19:**

- Lenten morning prayers, 9am
- Homeschool classes, 10am-4pm
- Liturgy of the Presanctified Gifts, 7pm, followed by potluck meal

## **Thursday, March 20:** Lenten morning prayers, 9am

## **Friday, March 21:**

- Lenten morning prayers, 9am
- Akathist to the Theotokos, 7pm at St George Church in Cicero

## **Saturday, March 22:**

- Icon Academy, 9am-5pm in the parish hall
- Bible Bowl study & dinner, 5-7pm in the parish house
- Vespers, 7pm

## **Sunday, March 23: Holy Cross – Third Sunday of Lent**

- Orthros, Cross Procession, & Divine Liturgy, beginning 8:30am
- Coffee hour provided by last names L-P, followed by church school.

**CHURCH SCHOOL DAY OF SERVICE:** Melissa W. is looking for donations of black and blue pens, pencils, 8 or 12 crayon boxes, boxes of 10 markers, match box cars individually packaged, small stuffed animals, and kids toothbrushes (no toothpaste). All the items must be new and can be placed in the donation box. We also have an Amazon wish list with additional ideas. Deadline is March 19. Thank you in advance!

**LADIES' LENTEN RETREAT:** Save the date! Our annual ladies' retreat will take place Saturday, March 29, beginning with the Akathist Hymn to the Theotokos at 9am.

**CHURCH GIVING:** As we enter the season of Lent, our thoughts often turn to fasting and charitable giving. We are fortunate to have many opportunities for Lenten almsgiving presented to us at All Saints. Please see Alice our treasurer if you have any questions.

- Tithes and gifts for the general fund. *It is the responsibility to all church members to support the work and upkeep of the church on a regular basis.*
- Pastoral Discretionary Fund. *These donations are given to the church to allocate as Fr. Andrew sees fit to best serve the needs of our community. Suggested recipients are always welcomed, but the final decision is at the pastor's discretion.*

**LENTEN FOOD DRIVE:** We are collecting this Lent for the needs of Northside Housing, for their drop-in center and new men's shelter. Bring your donations of non-perishable foods and clothing items (underwear & white t-shirts sizes M-XL, shoes sizes 9-12). They are in need of items that don't need to be cooked, especially heat-and-serve containers, or cans with pop-tops. A list of suggested items is on the greeter table. Please place your donations in the back of the church on or near the table. **The deadline is Sunday, April 13.** Monetary donations are also accepted, please write **"Food Drive"** on the memo line. If you have any questions, please contact Sandy Abraham. God blesses those who remember the poor!

**FOOD FOR HUNGRY PEOPLE:** Coin boxes, as supplied by our Archdiocese, are once again available for Lent at our greeters' table. Use these boxes during Lent and turn them in at Pascha to be blessed. Please replace the coins with a check marked Food for Hungry People in the memo line, or submit paper money. If you have any questions, contact Pat K.

*"Happy are those who consider the poor; the Lord delivers them in the day of trouble." (Psalm 41:1)*

**ARCHDIOCESE CAMP SCHOLARSHIPS.** Registration is open for our Antiochian Archdiocese camps, for children and teens ages 9-18. We have some scholarship funds designated to our parish from the Order of St. Ignatius; please see Fr. Andrew before the end of March if your child is interested in attending camp at Antiochian Village or Camp St. George in Iowa.

**THREE HIERARCHS HIGH SCHOOL.** Help Chicagoland's only Orthodox high school attain sustainability for the coming years! Families with teens or "rising teens" are invited to participate in a round-table discussion this **Thursday, March 20**, at the school, at 6:30pm. The address is 7429 N. Milwaukee Ave. in Niles. Homeschool families interested in

the school full or part time are also welcome to attend. For more information about the school, and for anyone who would like to donate, please visit <https://www.thochs.org/>.

## Volunteer Schedule

Date	Reader	Prospora	Greeter	Coffee	Food
<b>Sun, March 16</b> <i>St Gregory</i>	Christy K	Sandy A	John O	Alina S	G-K
<b><u>Wed, March 19</u></b> <i>Presanctified</i>	n/a	Dn Walid	Domitille	Volunteer	Potluck
<b>Sun, March 23</b> <i>Holy Cross</i>	Jim K	David J	JoAnne T	Domitille	L-P
<b><u>Tues, March 25</u></b> <i>Annunciation</i>	Paul K	Dn Walid	Nancy L	Volunteer	Potluck
<b>Sun, March 30</b> <i>St John Climacus</i>	Joseph L	Debbie K	Azizeh C	Lydia A	R-Z
<b><u>Wed, April 2</u></b> <i>Presanctified</i>	n/a	Pat K	Richard B	Volunteer	Potluck
<b>Sun, April 6</b> <i>Mary of Egypt</i>	Rich C	Domitille	Tobey L	Zach C	A-F
<b><u>Wed, April 9</u></b> <i>Presanctified</i>	n/a	Pat K	Nancy L	Volunteer	Potluck
<b><u>Sat, April 12</u></b> <i>St Lazarus</i>	Michelle C	Dn Walid	JoAnne T	n/a	n/a

***For Sunday coffee hour, the last names of our church members have been divided into four parts alphabetically (A-F, G-K, L-P, and R-Z). On your assigned week, please bring something simple to share with everyone for coffee hour.***

***If you have children, monitor them as they go through the coffee hour line, and make sure they don't take more than they can eat. Please also help your children clean up after themselves.***

***Weekly clean-up will be the responsibility of those providing coffee hour, but of course, things go faster when we all pitch in and help!***



# DAILY BIBLE READINGS

MARCH 16-22, 2025

ADAPTED FROM THE  
LECTIONARY OF THE ANTIOCHIAN ARCHDIOCESE

**Sunday, March 16: St. Gregory Palamas**

Luke 24:12-35 / Hebrews 1:10-2:3 / Mark 2:1-12

**Monday, March 17: St. Patrick, Enlightener of Ireland**

Isaiah 8:13-9:7 / Hebrews 7:1-10 / Mark 4:35-41

Genesis 6:9-22 / Proverbs 8:1-21

**Tuesday, March 18: Edward the Martyr, King of England**

Isaiah 9:9-10:4 / Hebrews 7:11-22 / Mark 5:1-20

Genesis 7:1-15 / Proverbs 8:32-9:11

**Wednesday, March 19: Holy Martyrs Chrysanthus and Daria**

Isaiah 10:12-20 / Hebrews 7:23-28 / Mark 5:21-43

Genesis 7:6-9 / Proverbs 9:12-18

**Thursday, March 20: Cuthbert the Wonderworker, Bishop of Lindisfarne**

Isaiah 11:10-12:2 / Hebrews 8:1-6 / Mark 6:1-13

Genesis 7:11-8:3 / Proverbs 10:1-22

**Friday, March 21: James the Confessor**

Isaiah 13:1-13 / Hebrews 8:7-13 / Mark 6:14-29

Genesis 8:4-21 / Proverbs 10:31-11:12

**Saturday, March 22: Basil the Holy Martyr of Ancyra**

Hebrews 10:32-38 / Mark 2:13-17

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WWW.ANTIOCHIAN.ORG

HIS EMINENCE METROPOLITAN SABA, ARCHBISHOP OF NORTH AMERICA  
ARCHIMANDRITE JEREMY DAVIS, VICAR FOR THE DIOCESE OF TOLEDO & THE MIDWEST