



ALL SAINTS ANTIOCHIAN ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America
4129 W. Newport Ave., Chicago, IL 60641
www.allsaintsorthodox.org

Sunday, February 15, 2026
Sunday of the Last Judgment • Meat-Fare



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Apolytikion for the Resurrection (Tone 3): Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of hades, granting the world the great mercy.

Apolytikion of All Saints (Tone 4): Adorned in the blood of Thy martyrs, throughout all the world as in purple and fine linen, Thy Church through them doth cry unto Thee, O Christ God: Send down Thy compassion upon Thy people! Grant peace to Thy habitation and great mercy to our souls.

Kontakion for the Last Judgment (Tone 1): When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

THE EPISTLE READING

For the Sunday of the Last Judgment

Prokeimenon – Psalm 117:14, 18

The Lord is my strength and my song; He has become my salvation. The Lord has chastened me sorely, but He has not given me over to death.

**The reading from the First Epistle of St. Paul to the Corinthians
(8:8-9:2)**

BRETHREN, food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse.

But beware lest somehow this liberty of yours become a stumbling block to those who are weak. For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols? And because of your knowledge shall the weak brother perish, for whom Christ died? But when you thus sin against the brethren, and wound their weak conscience, you

sin against Christ. Therefore, if food makes my brother stumble, I will never again eat meat, lest I make my brother stumble.

Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? If I am not an apostle to others, yet doubtless I am to you. For you are the seal of my apostleship in the Lord.

THE GOSPEL READING

For the Sunday of the Last Judgment

The reading from the Holy Gospel according to St. Matthew (25:31-46)

THE LORD SAID: When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left.

Then the King will say to those at His right hand, ‘Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.’ Then the righteous will answer Him, ‘Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these my brethren, you did it to Me.’

Then He will say to those at his left hand, ‘Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer, ‘Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?’ Then He will answer them, ‘Truly, I say to you, as you did it not to one of the least of these,

you did it not to Me.' They will go away into eternal punishment, but the righteous into eternal life."

"GOD, WHERE IS THE WOUND?"

A Review by Metropolitan Saba

Mother Siluana is a radiant face – an illumined person. She is a witness to our times of what divine grace does in those who allow it to dwell within them—when that grace encounters a person open to both human beings and the knowledge of their era, discerning wisely what is good to receive.

Her book *God, Where is the Wound?* contains the texts of three talks she delivered in Germany in 2012. In this work, she addresses the common difficulties modern people face in their relationship with God: what prevents them from receiving or even desiring divine grace, what preserves that grace once received, and how it operates within us. She addresses anxiety, stress, depression, trauma, suicide, relationships, sexuality, and the consequences of inherited family traumas that remain unresolved.

She speaks of the effect of deep-seated trauma stored in the subconscious, noting that some philosophies suggest avoiding or ignoring it. She explains that the thoughts emerging from repressed wounds poison the soul. Therefore, "we must pay attention to them, to what lies beneath them, to what we feel through them—and we must offer them to the Lord for healing." She calls this offering to God "the body of prayer."

She writes: "Emotions are the fire, and thoughts are the logs—the combustible material. Let us note that the devil does not attack us through our emotions. Sin does not enter us through sadness, fear, hatred, or pride expressed as feelings. These are the energies of a sick soul, bursting forth from our fallen nature, beyond the control of our will. Sin enters through evil thoughts that promise deliverance from the pain caused by those feelings—thoughts that lead us to the Evil One, to evil words, and to destructive actions."

She continues: "There is addiction to negative emotions just as there is addiction to alcohol; therefore, healing is difficult." (p.93)

And she adds: "What matters to me is the pain of the person before me. When I come into contact with another's pain, I can transform it into the 'body of prayer' on their behalf. Their pain reverberates within me—it hurts me without becoming my own pain—but I experience it, and this makes my prayer for them possible, just as I pray for myself when I am in pain." (p.95)

Throughout her book, she stresses the importance of listening and the modern person's deep need to be heard. She insists that one must not suppress the effects of trauma but instead bring them before God. She writes: "When we repress the effects of trauma and do not offer them to God, we contribute to passing them on to our children and grandchildren." (p.101)

She adds: "We must remember that every child who enters a family is a potential savior for that family and its descendants."

Mother Siluana teaches that the mystery of Orthodoxy lies in transforming all that we are—everything we have received from God—so that it may return to Him. The human heart is the arena where created energies are transformed into divine-human energies by the power and operation of grace.

This is a book well worth reading, especially for all those involved in education, pastoral work, and spiritual guidance.

Announcements and Upcoming Events

For a full calendar of events and services, visit www.allsaintsorthodox.org

Today: Sunday of the Last Judgment and Meat-Fare, the last day for meat until Pascha.

- Orthros & Divine Liturgy, beginning 8:30am
- Coffee hour provided by last names R-Z
- Church school for all ages; adult class led by Fr. Pat

Tuesday, Feb. 17: Morning prayers, 9am

Wednesday, Feb. 18:

- *No morning prayers at All Saints*

- Homeschool classes, 10am-4pm at St. George
- Vespers, 7pm

Thursday, Feb. 19: Morning prayers, 9am

Friday, Feb. 20:

- Morning prayers, 9am
- Teen movie night, 5pm at the Schlueters' home

Saturday, Feb. 21: Vespers, 7pm

Next Sunday, Feb. 22: Forgiveness Sunday

- Orthros & Divine Liturgy, beginning 8:30am
- Coffee hour provided by last names A-F
- Church school for all ages; adult class led by Joseph Letendre
- Forgiveness Sunday Vespers, 7pm

Next Sunday, Feb. 22 is Forgiveness Sunday and Cheese-Fare, the last day for eggs and dairy until Pascha. **Forgiveness Sunday Vespers** will take place on this day at 7pm, with the Rite of Forgiveness. This marks the formal beginning of Lent in our tradition. All of us should make every effort to be present!

Please see Fr. Andrew if you have any questions or concerns about keeping the fast. Not all of us are able to keep the fast at home in the same way, but coffee hours and communal church meals should reflect the rules.

OTHER UPCOMING SERVICES AND EVENTS

Feb. 22-28: First week of Lent; services every evening at 7pm

Tuesday, March 24: Divine Liturgy for the Annunciation, 7pm

Sunday, April 5: Palm Sunday

Sunday, April 12: Pascha Sunday

CHURCH FISCAL YEAR. Due to Archdiocese financial and reporting requirements, our parish council has decided to move our church's fiscal year from October-September to match the calendar year January-December. Our Archdiocese member and financial reports are due after the close of the calendar year, so this change will enable our council and

treasurer to prepare the information once instead of twice. This also means our next all-church convocation will be towards the end of January 2027. Please see Fr. Andrew or any parish council member if you have any questions or concerns.

JOIN OUR ALL SAINTS PSALTER GROUP for Great & Holy Lent 2026! We begin Monday, February 24 and read & pray each day through Friday, April 3. For more details please contact JoAnne via text 773-220-3179 or email jotheo@yahoo.com.

Volunteer Schedule

Date	Reader	Prospora	Greeter	Coffee	Food
Sun 2/15 <i>Meatfare</i>	Paul K	Cristina P	Domitille	<i>volunteer</i>	R-Z
Sun 2/22 <i>Forgiveness</i>	Steve K	Sandy A	John O	Zach C	A-F
<u>Wed 2/25</u> <i>Presanctified</i>	N/A	Sarah C	JoAnne T	<i>volunteer</i>	Potluck
Sun 3/1 <i>Orthodoxy</i>	Joseph L	Sephora I	Azizeh	Lydia A	G-K
<u>Wed 3/4</u> <i>Presanctified</i>	N/A	Sarah C	Richard B	<i>volunteer</i>	Potluck
Sun 3/8 <i>Palamas</i>	Rich C	Debbie K	Nancy L	Domitille	L-P

For Sunday coffee hour, the last names of our church members have been divided into four parts alphabetically (A-F, G-K, L-P, and R-Z). On your assigned week, please bring something simple to share with everyone for coffee hour.

If you have children, monitor them as they go through the coffee hour line, and make sure they don't take more than they can eat. Please also help your children clean up after themselves.

Weekly clean-up will be the responsibility of those providing coffee hour, but of course, things go faster when we all pitch in and help!



DAILY BIBLE READINGS

FEBRUARY 15-21, 2026

Old Testament readings continue through the Wisdom literature. During the four weeks leading up to Lent, the Church gives us daily readings from the later New Testament Epistles and the Passion narratives of St. Mark and St. Luke

Sunday, Feb. 15: Last Judgment and Meat-Fare

Mark 16:9-20 / 1 Corinthians 8:8-9:2 / Matthew 25:31-46

Monday, Feb. 16: Flavianos, Patriarch of Constantinople

Wisdom of Sirach 19 / 3 John / Luke 19:29-48

Tuesday, Feb. 17: Theodore the Tyro, Great Martyr

Wisdom of Sirach 20 / Jude 1:1-10 / Luke 22:1-30

Wednesday, Feb. 18: Leo the Great, Pope of Rome

Wisdom of Sirach 21 / Joel 2:12-27 / Luke 22:31-65

Thursday, Feb. 19: Philemon, Apphia, Archippus, and Onesimus – Apostles of the 70

Wisdom of Sirach 22 / Jude 1:11-25 / Luke 22:66-23:25

Friday, Feb. 20: Leo, Bishop of Catania

Wisdom of Sirach 23 / Zechariah 8:18-23 / Luke 23:26-56

Saturday, Feb. 21: Timothy the Righteous

Romans 14:19-23, 16:25-27 / Matthew 6:1-13

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CHRISTIAN ARCHDIOCESE**

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**HIS EMINENCE METROPOLITAN SABA, ARCHBISHOP OF NORTH AMERICA
ARCHIMANDRITE JEREMY DAVIS, VICAR FOR THE DIOCESE OF TOLEDO &
THE MIDWEST**