



ALL SAINTS ANTIOCHIAN ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America
4129 W. Newport Ave., Chicago, IL 60641
www.allsaintsorthodox.org

Sunday, June 7, 2026
The Sunday of All Saints



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Troparion of the Resurrection (Tone 8): From the heights Thou didst descend, O compassionate one, and Thou didst submit to the three-day burial, that Thou might deliver us from passion. Thou art our life and our resurrection; O Lord, glory to Thee.

Troparion of All Saints (Tone 4): Adorned in the blood of Thy martyrs, throughout all the world as in purple and fine linen, Thy Church through them doth cry unto Thee, O Christ God: Send down Thy compassion upon Thy people! Grant peace to Thy habitation and great mercy to our souls.

Kontakion for All Saints (Tone 8): As first-fruits of our nature to the Planter of created things, the world presents the God-bearing martyred saints in offering unto Thee, O Lord. Through their earnest entreaties, keep Thy Church in deep peace and divine tranquility, through the pure Theotokos, O Thou who art greatly merciful.



EPISTLE READING

For the Sunday of All Saints

Prokeimenon – Psalm 67:35, 27

Wondrous is God in His saints, the God of Israel, who gives power and strength to his people. Bless God in the great congregation, the Lord, O you who are of Israel's fountain!

The reading is from the Epistle to the Hebrews (11:33-40, 12:1-2)

BRETHREN, all the saints through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented—of whom the world

was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. All these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

GOSPEL READING

For the Sunday of All Saints

The reading from the Holy Gospel according to St. Matthew (10:32-33, 37-38; 19:27-30)

THE LORD SAID TO HIS DISCIPLES: Everyone who acknowledges me before men, I also will acknowledge before my Father who is in heaven; but whoever denies me before men, I also will deny before my Father who is in heaven.

He who loves father or mother more than me is not worthy of me; and he who loves son or daughter more than me is not worthy of me; and he who does not take his cross and follow me is not worthy of me.

Then Peter said in reply, “Lo, we have left everything and followed Thee. What then shall we have?” Jesus said to them, “Truly, I say to you, in the new world, when the Son of Man shall sit on His glorious throne, you who have followed me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for my name’s sake, will receive a hundred fold, and inherit eternal life. But many that are first will be last, and the last first.”



Communion Hymn for All Saints (Psalm 32): Rejoice in the Lord, O ye righteous; praise is meet for the upright. Alleluia.

Announcements and Upcoming Events

For a full calendar of events and services, visit www.allsaintsorthodox.org

Today: All Saints Sunday

- Orthros & Divine Liturgy with Fr. Jeremy Davis, beginning 8:30am
- Church school end-of-year presentations and cook-out will follow

There will be no morning prayers at All Saints this week, due to Fr. Andrew's participation in the Summer Bible School at St. George Church.

Monday, June 8: Apostles' Fast begins. Each year, the church observes a meat and dairy fast from the Monday after All Saints day, through the feast of the Holy Apostles Peter and Paul (June 29). Please observe the fast as you are able, with prayer, repentance, and generosity. It would be especially appropriate to use this as a time of prayer for Orthodox missions and the evangelistic work of the Church.

Tuesday, June 9: Parish council meeting (online), 7:30pm

Wednesday, June 10: Vespers, 7pm

Saturday, June 13:

- Bible Bowl study and dinner, 5pm
- Vespers, 7pm

Next Sunday, June 14:

- Orthros & Divine Liturgy, beginning 8:30am
- Coffee hour provided by last names L-P

OTHER UPCOMING EVENTS:

- Parish Life Conference – June 17-20 (Cleveland)
- Deanery picnic – Saturday, July 11 in La Grange. All of the churches in the Chicago deanery are sponsoring together this day of food, fellowship, and fun. We are seeking volunteers from All Saints; please see Eric and Cristina Pope.
- Hierarchical Divine Liturgy with His Grace Bishop John, and the ordination of Subdeacon Joseph Freve to the diaconate – Sunday, July 12

ON SOCIAL MEDIA

His Eminence Metropolitan Saba

When the hermit-priest Fr. Isaac Atallah, a disciple of St. Paisios the Athonite, visited the Archdiocese of Latakia in the 1980s, I accompanied him. At that time, video players had only recently appeared on the market. Wherever Fr. Isaac went, people would first ask him about the video device: What are the harms and benefits of using it? Is having it in the home a blessing or a curse?

Fr. Isaac used to answer them this way: "Does this device not have an on/off switch? The problem, my beloved, is not in the device itself. When you see that it will harm you, you simply turn it off."

I begin with this experience in order to speak about social media, now available in everyone's hands. How should we deal with it? How do believers interact with what they watch or read through it? And are they aware of the need to limit its use—at least partially—so that it does not enslave them and scatter their minds in things that neither benefit nor edify? Do they realize that wasting time on these applications can become a sin and may even lead to depression, since it deepens loneliness and isolation and makes life more burdensome?

Is this not exactly what is happening with these social media, but on a broader, deeper, and more dangerous scale than the old video player? These platforms have multiplied, and their applications continue to evolve with ever newer and more attractive features. Will we realize that our failure to cultivate proper conduct, discipline, and virtue in our lives has allowed these platforms to expose our weaknesses publicly, increase our sins, and unleash our anger and reactions everywhere and against everyone? Have emotional impulses not become the master of the moment, with reckless comments appearing instantly and without any careful verification of information?

Even more dangerous is the harm inflicted on others, whether knowingly or unknowingly. The danger of speaking badly about others or exposing their secrets on social media lies in our inability to repair the damage once we later recognize our sin. When I gossip or slander someone privately, I may apologize and mend the situation once I realize the evil I have done.

But on social media, countless people who read what I wrote will never know of my repentance, while the harm done to the other person remains. My judgment will be severe. . . .

I will not give lessons in morality and etiquette; whoever has not been formed by the Gospel will not be corrected merely by manners. Yet there are still some necessary pieces of advice for whoever wishes to listen.

Stand before your icons (if you are at home), make the sign of the cross, and pray before opening your electronic device. Ask the Holy Spirit to guide you so that you may use it for what is good and beneficial to others, and only then begin browsing. It is also helpful to keep your prayer rope in your hand, reminding you that God is present.

Do not read what does not benefit you on these platforms. Do not waste your precious time following what is useless. Remain vigilant lest you become emotionally agitated and wound others. Set aside a specific amount of time for browsing and strive as much as possible to use it only for what is useful, necessary, and beneficial. It may help to set an alarm for the amount of time you intend to spend online, so that you are not left endlessly with your device until it consumes all your time. Think before you write and pray several repetitions of the Jesus Prayer on your prayer rope.

Try instead to make use of your talents and abilities, devoting your time to developing them and serving others through them. Then you will discover the depth of joy that comes from such a life.

During a spiritual retreat, I asked the ladies attending to choose one specific hour each day during which they would turn off their mobile phones and live as though they did not own one. At first, they found it difficult, but they followed the advice and were astonished by the peace they experienced. Some even forgot about their phones for the entire day.

Try this yourself. Dedicate one hour each day to living as though you own no electronic means of communication, and you may discover a measure of inner peace and quiet. Perhaps you will then become a messenger to others, offering from your own experience something that comforts and benefits them. In this way, you become a messenger of peace and joy—worthy of the name "Christian."

Volunteer Schedule

Date	Reader	Prospora	Greeter	Coffee	Food
Sun June 7 <i>All Saints</i>	Jim K	Cristina P	Domitille	<i>volunteer</i>	<u>All Church</u>
Sun Jun 14	Paul K	Dn Walid	John O	Domitille	L-P
Sun Jun 21	Steve K	Sarah C	JoAnne T	<i>volunteer</i>	R-Z
Sun Jun 28	Joseph L	Sephora	Azizeh	Zach C	A-F
Sun July 5	Rich C	Debbie K	Richard B	Lydia A	G-K
Sun July 12 <i>Bishop John</i>	Michelle	Pat K	Nancy L	Domitille	<u>All Church</u>
Sun July 19 <i>Typika</i>	Jim K	Domitille	Tobey L	<i>volunteer</i>	L-P
Sun July 26	Paul K	Cristina P	Domitille	Zach C	R-Z

For Sunday coffee hour, the last names of our church members have been divided into four parts alphabetically (A-F, G-K, L-P, and R-Z). On your assigned week, please bring something simple to share with everyone for coffee hour.

If you have children, monitor them as they go through the coffee hour line, and make sure they don't take more than they can eat. Please also help your children clean up after themselves.



DAILY BIBLE READINGS

JUNE 7-13, 2026

Sunday, June 7: All Saints

Isaiah 43:9-14 / Wisdom 3:1-9 / Wisdom 5:15-6:3
Matthew 28:16-20 / Hebrews 11:33-12:2 / Matthew 10:32-33, 37-38, 19:27-30

Monday, June 8: Melania the Righteous

Wisdom of Sirach 47 / Romans 3:1-20 / Matthew 5:33-37

Tuesday, June 9: Cyril, Patriarch of Alexandria

Wisdom of Sirach 48 / Romans 3:21-4:12 / Matthew 5:38-42

Wednesday, June 10: Holy Martyrs of China

Wisdom of Sirach 49 / Romans 4:13-25 / Matthew 5:43-48

Thursday, June 11: Holy Apostles Bartholomew & Barnabas

Wisdom of Sirach 50 / Romans 5:1-11 / Matthew 6:1-4

Friday, June 12: Onuphrius of Egypt

Wisdom of Sirach 51 / Romans 5:12-21 / Matthew 6:5-15

Saturday, June 13: Aquilina the Martyr of Syria

Romans 6:1-23 / Matthew 6:16-18

**ALL SAINTS IS A PARISH OF THE ANTIOCHIAN ORTHODOX
CHRISTIAN ARCHDIOCESE**

WWW.ANTIOCHIAN.ORG

**HIS EMINENCE METROPOLITAN SABA, ARCHBISHOP OF NORTH AMERICA
ARCHIMANDRITE JEREMY DAVIS, VICAR FOR THE DIOCESE OF TOLEDO &
THE MIDWEST**